



Unlocking Your Intuition With The Pendulum

Anthem Flint



CHAPTER 1

Hello, And Welcome!

My Name is Anthem Flint, and I am a mentalist. A mentalist is simply someone who has studied the minds deepest secrets and uses these secrets to entertain and enlighten. In all my years of studying and researching, one of the things I find most peculiar and interesting is the Pendulum.

In fact, this is my second book on the topic of Pendulums. My first book was for mystery entertainers. This is for “Normal People” and I promise I mean that

in a good way. The reason I find the pendulum so interesting is the relationship it has with the brain. The brain changes the state of the pendulum and the pendulum changes the way the brain works.

The changes in the pendulum are small, it either swings back and forth, side to side, round and round, or not at all. The changes in the brain are immense though. Using the Pendulum reduces stress, increases cognitive power, and improve your sense of intuition. Not to mention it can change the way you look at the world.

So within the folds of this small tome I will guide you through the basics of using the pendulum to help yourself and others. I promise that this will be an easy journey for you, and one that will be greatly advantageous. So sit back and relax, and let's get into the swing of it! (pun intended)



CHAPTER 2

What Do You Need

The tools you need to access the powers of your intuition are listed below.

- *A Pendulum
- *A Pentagram of goats blood
- *A poem written to the dark lord
- *A light snack

Of course, I'm joking. However, some people may think that you do worship a demonic entity if they see you in public. These also tend to be people who don't believe

in science or grammar, so don't pay them any mind. I will tell you the real science behind all of this.

All you need is a Pendulum, an arm with fingers at the end, and a brain. When I say a pendulum I mean any weight suspended on a chain or string. It doesn't have to be fancy. It's literally just a weight on a string. Assuming you have the other things, then you are fully equipped to unlock your intuition with a pendulum.

You may ask, "Anthem, why is a brain so necessary to using a pendulum?" The answer seems obvious at first, but there is something deeper in your mind that is important. it's called the Ideomotor response.

Ideomotor Response

Let's get academic. The roots for the word ideomotor is thus.

Ideo: Thought.

Motor: Motion.

Together that means 'Thoughts in Motion' and that's exactly what the ideomotor response does. It puts your thoughts in motion. I suppose it was aptly named. But the question remains, "What is the Ideomotor Response?!"

The Ideomotor response is the same thing that makes the ouija board and muscle testing work. It is tiny subconscious movements in your muscles that make things move. Because these movements are subconscious, they are imperceptible. You cannot feel them. That's why people thought that the ideomotor response was ghosts and supernatural forces for thousands of years. In the case of the pendulum, the ideomotor response makes your arm move ever so slightly and in return causes the pendulum to swing.

Oddly enough, you have control over more than just making it swing. You also have control over which direction it swings, how wide it swings, how quickly it starts and stops, and when and where it swings. All of these can be assigned meanings and the pendulum will then communicate with you. I only assign meaning to a few of the motions. I will speak on this in a moment.

The last thing you need to know about ideomotor response is that it is directly connected to your subconscious. The same place where your Intuition resides.



CHAPTER 3

Calibrate Your Pendulum

This is very easy and once you do it you will be using your pendulum like a pro. Do not get discouraged if at first it doesn't work. Your ideomotor response may not be as active as someone who is using their's every day. However, for the most part people take to the pendulum like a 'duck to water', so you should be just fine!

To calibrate your pendulum, hold it by the end so that the crystal dangles below your hand at the opposite end. Make sure your arm is not resting on anything. The Idomotor response needs the whole arm at it's disposal.

Focus completely on the pendulum and tell it to show you what 'YES' looks like. After a few moments it will swing either side to side, back and forth, or round and round. Make a mental note of what 'YES' looks like.

The process for finding what 'NO' looks like is essentially the same. Focus on the pendulum and tell it to show you what 'NO' looks like. Once again it will swing either side to side, back and forth, or round and round. It will be different from the way it swings for 'YES' so that you can get different answers.

Now you can see the difference between 'YES' and 'NO'. That means that your pendulum is calibrated and you can begin using it to unlock your intuition!



CHAPTER 4

How To Ask The Right Question

“Judge a man by his questions rather than his answers.” ~ Voltaire

Silly questions get silly answers. It’s as plain as that. There are some simple rules to follow to make sure you get the most out of your pendulum.

*Ask questions that you truly want the answers to.

*Make sure it is a 'YES' or 'NO' question. The pendulum isn't a therapist or sage with advice to give.

*Don't ask the pendulum questions if you are having a bad day. Your conscious mind will alter the answer. Meditate, get it out of your system, then ask your question

*Lastly, don't ask violent questions like, "Should I kill someone." or "Should I commit suicide." If you want the answer to that, go to a therapist. Please...

I know that was a bit dark. It's important that I tell you this though. Sometimes the conscious mind can be a jerk. It will alter the pendulum's relationship with your subconscious. It can give you dark answers or unhappy answers. So get in a good state of mind and ask a 'YES' or 'NO' question.

Here are a few examples of good questions.

Will I do well in school this year?

Is it time to marry, or stay single/dating?

Can I afford to buy a new car?

Should I ask the girl I fancy on a date?

Should I start my own business?

Is now the time to change my diet or lifestyle?

Should I reveal my secret to a family member or close friend?

I have the means, should I move away?

Is it vacation time?

Now go out there and start asking some questions!
Remember, answers change with time. One day you may not be ready for change. The next day you might! Also, don't be afraid to disagree with the pendulum. It might tell you that it isn't the right time. If you want to do it, and if you cannot wait, you can go for it. The pendulum can be wrong sometimes. Remember, it's just a manifestation of your subconscious! So go out there and find answers all around you!



CHAPTER 5

Helping Others

There is so much you can do with the pendulum. We have only scratched the surface here. There is one last thing that I want you to take away from this book. The pendulum is a tool that illuminates the situation by amplifying intuition and that should be open and free knowledge. You can now spread the word. The next time you come across someone

with a worry, fear, anxiety, or question, pull out your pendulum and teach them what I have taught you!

Here's what to remember when you are teaching others to use the pendulum.

*Hold the pendulum with the stone dangling below your hand.

*Do not rest your arm on anything, hold your arm out straight.

*Focus on seeing what 'YES' looks like. It will swing side to side, back and forth, or round and round. Once that is done repeat with 'NO' and remember to tell them, they will swing a different way so you can tell the difference.

*Once calibrated, they can get their answer! Let them ask and be enlightened by the pendulum. They will never forget it!

*Lastly, some people have stronger Ideomotor Responses than others. It may not swing very much or at all. Don't get discouraged. Take the situation into your own hands and you let the pendulum swing in your hands. Just ask them what the question is first. That way they are getting your subconscious mind's advice.

Be a 'Dr. Phil' to the masses and help them out! It will stick with them long after you're gone!

The Sex Detector

This is kind of a side note, but the pendulum is also known as a sex detector. The reason for that is thus. In the hands of an expecting mother, the pendulum can be calibrated to answer boy or girl rather than yes or no.

If you meet an expecting mother, try this out. Hand the mother the pendulum and have them calibrate it with the different swings meaning boy or girl. You will be surprised at how often they get it right.

It may not be of incredible help to them, but they will always have a memory of it. This is a fun little experiment that will always be in your arsenal of mysteries and oddities that will forever make you the ‘life of the party’.



CHAPTER 6

Goodbye

I know that this has been brief, but that was, in a way, the point. There are lots of books on pendulums. They are all pretty long. Unnecessarily long.

This little booklet will give you everything you need to get started. I want to spread this word as far and wide as possible so please, share this booklet with your friends! Teach the art of the pendulum!

If you want to learn more about the pendulum, I suggest the work of Richard Webster who is an amazing entertainer and psychic. I have followed his advice on many topics including palmistry and tarot and he has never led me anywhere but up and away to better things!

Also, please feel free to contact me about the pendulum by email at anthemflint@gmail.com or on my website www.anthemflint.com

I hope that you've had fun reading this, I sure had fun writing it! I hope our paths meet soon! Blessings!

